Table 30: Consumption of Meals Among California Adolescents (N=1,218)

Yesterday, did you eat or drink anything for breakfast?

Did you eat or drink anything for lunch yesterday?

Did you eat anything for dinner yesterday?

Yesterday, did you eat or drink anything between [specified meal] time and [specified meal] time?

	Meals Reported, Percent of Adolescents				
	Breakfast	Lunch	Dinner	Snacks ¹	
Total	85.9	89.0	90.6	90.1	
Gender					
Males	87.7	90.7	92.1	88.5	
Females	84.0	87.2	88.9	91.8	
Ethnicity					
White	88.6 **	89.9	95.7 ***	91.4	
African American	82.7	82.5	91.6	93.8	
Latino	82.2	89.6	85.4	89.0	
Asian/Other	91.0	88.2	90.8	87.7	
Gender by Age					
Males					
12-13	91.9 *	94.1 **	92.2	87.5	
14-15	83.6	85.0	91.0	88.5	
16-17	87.6	92.8	93.2	89.5	
Females					
12-13	90.8 ***	90.0 **	91.5 **	92.3	
14-15	85.8	91.0	91.9	91.6	
16-17	75.1	80.4	83.2	91.4	
Income					
<\$15,000	78.0 ***	78.2 *	80.6 ***	89.2	
\$15,000 - \$24,999	80.2	86.8	83.7	91.7	
\$25,000 - \$34,999	76.0	88.4	88.8	94.5	
\$35,000 - \$49,999	86.8	85.2	96.8	91.8	
\$50,000 - \$74,999	91.6	92.6	95.5	92.2	
<u>></u> \$75,000	89.6	90.4	91.9	90.9	
Food Stamp Status, % FPL					
Participant, ≤130%	83.1 ***	82.0 ***	90.3 ***	91.5	
Likely Eligible, ≤130%	81.4	89.6	83.6	91.0	
Potentially Eligible, 131-185%	76.1	81.6	87.2	86.3	
Not Eligible, >185%	89.6	91.2	93.4	90.4	
Smoking Status					
Non-Smokers	86.3	82.4	93.5	88.7	
Smokers	77.4	89.3	90.4	90.2	
Physical Activity Status					
Regular	88.6 ***	90.1 *	92.1 **	90.6	
Irregular	78.6	86.1	86.3	88.8	
Overweight Status					
Not at Risk	86.4	88.8	91.7	91.4	
At Risk/Overweight	85.1	89.8	90.5	87.5	

¹ Reported a snack at any occasion (Morning, Afternoon, or Evening).

A box around a group of numbers signifies that differences observed within this group are statistically significant.

^{*} p<.05

^{**} p<.01

^{***}p<.001

Table 31: Source of Lunches Reported by California Adolescents (N=1,084)

Where did you obtain lunch from?

	Type of Lunch Reported, Percent of Adolescents
Home	50.4
School Cafeteria	22.7
Fast Food	5.8
School Snack Bar	4.2
Other ¹	17.0

¹ Includes lunch from school store, friend, vending machine, fund raiser, convenience store, club, community center, and food cart, none of which were reported by more than three percent of adolescents.

Some numbers may not add to 100 percent due to rounding.

Table 31a: Consumption of School and Home Lunch Among California Adolescents (N=1,084)

Where did you obtain lunch from?

		nch Reporte	ed, Percent of Adolescents	
	Cafeteria		Home	
Total	22.7		50.4	
Gender				
Males	24.6		46.8	**
Females	20.8		54.7	
Ethnicity				
White	17.9	***	55.9	***
African American	36.3		35.5	
Latino	29.5		45.0	
Asian/Other	10.8		59.0	
Gender by Age				
Males				
12-13	25.0		56.8	***
14-15	21.0		47.6	
16-17	27.5		35.5	
Females				
12-13	25.1		54.2	
14-15	20.7		54.5	
16-17	15.9		55.4	
Income				<u>_</u>
<\$15,000	33.7	***	38.0	**
\$15,000 - \$24,999	35.2		41.2	
\$25,000 - \$34,999	29.1		52.1	
\$35,000 - \$49,999	38.7		42.6	
\$50,000 - \$74,999	14.1		55.0	
<u>></u> \$75,000	12.0		56.5	
Food Stamp Status, % FPL				
Participant, ≤130%	27.2	***	42.5	*
Likely Eligible, ≤130%	39.7		48.4	
185%	28.9		47.6	
Not Eligible, >185%	14.2		55.7	
Smoking Status				
Non-Smokers	22.4		51.5	**
Smokers	32.5		28.3	
Physical Activity Status				
Regular	20.8	**	51.5	
Irregular	28.4		47.8	
Overweight Status				
Not Overweight	19.8	***	55.9	***
Overweight/Obese	30.8		36.1	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

^{*} p<.05

^{**} p<.01

^{***} p<.001

Table 34: Prevalence of Eating at Fast Food Restaurants Among California Adolescents (N=1,219)

Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, or Subway?

			Percer	t of Adolescent	S
	Nun	nber of Meals	and Snacks E	aten Yesterday	at
		Fast	Food Restaul	ants	Reported Ate Fast
		0	1	2+	Food Yesterday
Total		77.2	19.2	3.6	22.8
Gender					
Males		76.6	20.8	2.6	23.4
Females		77.9	17.4	4.6	22.1
Ethnicity	_				
White		78.3	20.2	1.4	* 21.7 **
African American		66.4	29.4	4.2	33.6
Latino		75.8	20.5	3.7	24.2
Asian/Other		84.1	7.1	8.8	15.9
Gender by Age	1			-	
Males					
12-13		81.7	16.4	1.9	18.3
14-15		75.7	20.8	3.4	24.3
16-17		72.2	25.1	2.7	27.8
Females					
12-13		79.8	16.6	3.6 *	20.2 **
14-15		83.2	13.8	3.0	16.8
16-17		70.7	22.0	7.3	29.3
Income					
<\$15,000	l	75.8	22.3	1.9 **	* 24.2 ***
\$15,000 - \$24,999		71.5	21.0	7.5	28.5
\$25,000 - \$34,999		86.9	12.6	0.5	13.1
\$35,000 - \$49,999		59.2	38.0	2.8	40.8
\$50,000 - \$74,999		82.2	15.4	2.4	17.8
>\$75,000		78.6	16.5	4.9	21.4
Food Stamp Status, % FPL	L	7 0.0	10.0	1.0	
Participant, ≤130%		75.4	20.9	3.6	24.6 *
Likely Eligible, ≤130%		77.3	18.2	4.4	22.7
Potentially Eligible, 131-185%		65.9	31.4	2.7	34.1
Not Eligible, >185%		79.1	17.4	3.6	20.9
Smoking Status		73.1	17.4	3.0	20.9
Non-Smokers	l f	78.3	18.5	3.2 **	* 46.8 ***
Smokers		53.2	34.0	12.9	21.7
Physical Activity Status		JJ.2	J-1.U	12.3	21.1
Regular		77.6	19.4	3.1	22.4
Irregular		77.6 76.4	18.6	5.0	23.6
Overweight Status		70.4	10.0	5.0	23.0
Not at Risk	ſ	79.4	17.3	3.3 **	20.6 **
At Risk/Overweight		79.4 70.7	25.1	4.2	29.3
At Nisk Over weight		10.1	۷۵.۱	4.4	29.3

A box around a group of numbers signifies that differences observed within this group are statistically significant. Some numbers may not add to 100 percent due to rounding.

^{*} p<.05

[.] ** p<.01

^{***} p<.001

Table 34c: Typical Weekly Frequency of Eating at Fast Food Restaurants Among California Adolescents (N=1,225)

In a typical week, how many times do you eat a meal or snack from a fast food restaurant?

	Number of Times Ate at Fast Food Restaurants Per Week, Percent of Adolescents		
 -	0-1 times	2+ times	
Total	66.3	33.7	
Gender			
Males	65.1	34.9	
Females	67.6	32.4	
Ethnicity			
White	70.4	29.6	**
African American	49.2	50.8	
Latino	65.7	34.3	
Asian/Other	66.2	33.8	
Gender by Age			
Males			
12-13	64.7	35.3	
14-15	66.8	33.2	
16-17	64.0	36.0	
Females	CC	00.0	
12-13	76.8	23.2	***
14-15	69.1	30.9	
16-17	56.4	43.6	
Income			
<\$15,000	67.3	32.7	*
\$15,000 - \$24,999	67.6	32.4	
\$25,000 - \$34,999	67.1	32.9	
\$35,000 - \$49,999	52.6	47.4	
\$50,000 - \$74,999	67.8	32.2	
≥\$75,000	68.8	31.2	
Food Stamp Status, % FPL	33.3		
Participant, ≤130%	59.6	40.4	*
Likely Eligible, ≤130%	71.2	28.8	
Potentially Eligible, 131-185%	60.7	39.3	
Not Eligible, >185%	68.8	31.2	
Smoking Status	00.0	02	
Non-Smokers	66.8	33.2	
Smokers	56.8	43.2	
Physical Activity Status	00.0	10.2	
Regular	66.5	33.5	
Irregular	66.0	34.0	
Overweight Status	00.0	0 1.0	
Not Overweight	67.6	32.4	*
Overweight/Obese	61.0	39.0	
Overweight/Obese	01.0	33.0	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

- * p<.05
- ** p<.01
- *** p<.001

Table 34d: Mean Number of Times Per Week California Adolescents Reported Eating at Fast Food Restaurants (N=1,224)

Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, Subway?

Total		Mean Number of Times Ate at Fast Food Restaura	nts Per Week
Males 1.4 Females 1.3 Ethnicity White 1.2° African American 1.8° Latino 1.4° Asian/Other 1.4° Gender by Age Males 1.4 12-13 1.4 16-17 1.5 Females 1.1° 12-13 1.4 14-15 1.5 16-17 1.5° Income 1.5° <\$15,000 \$24,999 \$25,000 - \$34,999 1.3 \$35,000 \$49,999 1.3 \$50,000 - \$74,999 1.2 ≥\$75,000 1.3 Food Stamp Status, % FPL Participant, ≤130% 1.3 Potentially Eligible, 313-185% 1.4 Not Eligible, >185% 1.3 Smoking Status 1.3 Non-Smokers 1.7 Physical Activity Status 1.4 Not Overweight Status 1.4 Not Overweight Status 1.3	Total		
Females 1.3	Gender		
Ethnicity White African American Latino Asian/Other Gender by Age Males 12-13 1.4-15 16-17 Females 12-13 1.1.1 ⁸ 1.2.1 16-17 Females 12-13 1.1.1 ⁸ 1.5 Females 12-13 1.1.1 ⁸ 1.5 Females 12-13 1.1.1 ⁸ 1.5 Income <\$15,000	Males	1.4	
White African American Latino Asian/Other Gender by Age Males 12-13 1.4 1.5 1.2 1.5 Females 12.13 1.1 1.5	Females	1.3	
African American Latino Asian/Other Gender by Age Males 12-13 14-15 16-17 Females 12-13 14-15 16-17 Income <\$15,000 \$1.4 \$15,000 - \$24,999 \$25,000 - \$34,999 \$35,000 - \$49,999 \$50,000 - \$74,999 \$50,000 \$1.3 \$\$50,000 - \$74,999 \$550,000 \$1.3 \$\$Food Stamp Status, % FPL Participant, ≤130% Likely Eligible, 131-185% Not Eligible, >185% Smoking Status Non-Smokers Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight Status	Ethnicity		
Latino Asian/Other Gender by Age Males 12-13	White	1.2 ^a	***
Asian/Other Gender by Age Males 12-13 14-15 16-17 Females 12-13 14-15 16-17 1.13 14-15 16-17 Income <\$15,000 \$24,999 \$1.3 \$25,000 - \$24,999 \$25,000 - \$34,999 \$35,000 - \$49,999 \$50,000 - \$74,999 ≥\$75,000 Food Stamp Status, % FPL Participant, ≤130% Likely Eligible, ≤130% Potentially Eligible, 131-185% Not Eligible, >185% Smokers Non-Smokers Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight 1.3 1.4 1.3 1.3 * 1.3 * 1.4 1.5 1.5 1.5 1.5 1.5 1.5 1.5	African American	1.8 ^b	
Cender by Age Males 12-13	Latino	1.4 ^a	
Males 12-13	Asian/Other	1.3 ^a	
Males 12-13	Gender by Age		
14-15 16-17 Females 12-13 14-15 16-17 Income <\$15,000			
16-17 Females 12-13 14-15 16-17 Income <\$15,000 - \$24,999 \$25,000 - \$34,999 \$35,000 - \$49,999 \$50,000 - \$74,999 \$57,000 Food Stamp Status, % FPL Participant, ≤130% Likely Eligible, ≤130% Potentially Eligible, 131-185% Not Eligible, >185% Smoking Status Non-Smokers Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight 1.3 1.5 ** 1.18 1.3 1.3 ** ** 1.4 1.5 1.3 1.3 ** ** 1.5 ** ** 1.18 1.3 ** ** 1.3 ** ** 1.4 1.5 1.3 ** ** ** 1.5 ** ** 1.6 1.7 ** 1.7 ** 1.8 ** ** 1.9 1.9 1.1 1.1 1.1 1.1	12-13	1.4	
Temales	14-15	1.2	
12-13 14-15 16-17 Income <\$15,000 \$15,000 - \$24,999 \$25,000 - \$34,999 \$35,000 - \$49,999 \$50,000 - \$74,999 ≥\$75,000 Food Stamp Status, % FPL Participant, ≤130% Likely Eligible, ≤130% Potentially Eligible, 131-185% Not Eligible, >185% Smoking Status Non-Smokers Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight 1.11a 1.1a 1.1a 1.1a 1.1a 1.1a 1.1a 1	16-17	1.5	
14-15 16-17 Income <\$15,000 - \$24,999 \$15,000 - \$34,999 \$35,000 - \$49,999 \$35,000 - \$74,999 \$50,000 - \$74,999 \$575,000 Food Stamp Status, % FPL Participant, ≤130% Likely Eligible, ≤130% Potentially Eligible, 131-185% Not Eligible, >185% Smoking Status Non-Smokers Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight 1.3 1.3 1.3 1.3 1.4 1.3 1.3 1.4 1.4	Females		
1.5°	12-13	1.1 ^a	**
Income	14-15	1.3 ^{ab}	
<\$15,000	16-17	1.5 ^b	
\$15,000 - \$24,999 \$25,000 - \$34,999 \$35,000 - \$49,999 \$50,000 - \$74,999 ≥\$75,000 1.3 Food Stamp Status, % FPL Participant, ≤130% Likely Eligible, ≤130% Potentially Eligible, 131-185% Not Eligible, >185% Smoking Status Non-Smokers Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight 1.3 1.3 1.3 1.3 1.3 * * * * * * * * * * * * *	Income		
\$25,000 - \$34,999 \$35,000 - \$49,999 \$50,000 - \$74,999 ≥\$75,000 1.3 Food Stamp Status, % FPL Participant, ≤130% Likely Eligible, ≤130% Potentially Eligible, 131-185% Not Eligible, >185% Smoking Status Non-Smokers Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight 1.3 1.3 1.5 1.4 1.4 1.5 1.5 1.6 1.7 1.7 1.8 1.9 1.9 1.9 1.9 1.9 1.9 1.9	<\$15,000	1.4	
\$35,000 - \$49,999 \$50,000 - \$74,999 ≥\$75,000 1.3 Food Stamp Status, % FPL Participant, ≤130% Likely Eligible, ≤130% Potentially Eligible, 131-185% Not Eligible, >185% Smoking Status Non-Smokers Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight 1.5 1.2 1.3 1.4 1.4 1.4 1.5 1.5 1.6 1.7 1.7 1.8 1.9 1.9 1.9 1.9 1.9 1.9 1.9	\$15,000 - \$24,999	1.3	
\$50,000 - \$74,999	\$25,000 - \$34,999	1.3	
≥\$75,000 Food Stamp Status, % FPL Participant, ≤130% Likely Eligible, ≤130% Potentially Eligible, 131-185% Not Eligible, >185% Smoking Status Non-Smokers Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight 1.3 1.3 1.3 1.4 1.3 1.5 1.4 1.5 1.5 1.6 1.7 1.7 1.8 1.8 1.9 1.9 1.9 1.9 1.9 1.9	\$35,000 - \$49,999	1.5	
Food Stamp Status, % FPL Participant, ≤130% 1.4 Likely Eligible, ≤130% 1.3 Potentially Eligible, 131-185% 1.4 Not Eligible, >185% 1.3 Smoking Status 1.3 Non-Smokers 1.7 Physical Activity Status 1.3 Regular 1.3 Irregular 1.4 Overweight Status 1.3 Not Overweight 1.3	\$50,000 - \$74,999	1.2	
Participant, ≤130% 1.4 Likely Eligible, ≤130% 1.3 Potentially Eligible, 131-185% 1.4 Not Eligible, >185% 1.3 Smoking Status 1.3 Non-Smokers 1.7 Smokers 1.7 Physical Activity Status 1.3 Regular 1.3 Irregular 1.4 Overweight Status 1.3 Not Overweight 1.3	<u>></u> \$75,000	1.3	
Likely Eligible, ≤130% 1.3 Potentially Eligible, 131-185% 1.4 Not Eligible, >185% 1.3 Smoking Status 1.3 Non-Smokers 1.7 Smokers 1.7 Physical Activity Status 1.3 Regular 1.3 Irregular 1.4 Overweight Status 1.3 Not Overweight 1.3	Food Stamp Status, % FPL		
Potentially Eligible, 131-185% 1.4 Not Eligible, >185% 1.3 Smoking Status	Participant, ≤130%	1.4	
Not Eligible, >185% 1.3 Smoking Status 1.3 Non-Smokers 1.7 Smokers 1.7 Physical Activity Status 1.3 Irregular 1.4 Overweight Status 1.3 Not Overweight 1.3	Likely Eligible, ≤130%	1.3	
Smoking Status 1.3 * Non-Smokers 1.7 * Physical Activity Status 1.3 * Regular 1.4 * Overweight Status 1.3 * Not Overweight 1.3 *	Potentially Eligible, 131-185%	1.4	
Non-Smokers	Not Eligible, >185%	1.3	
Smokers Physical Activity Status Regular Irregular Overweight Status Not Overweight 1.7 1.3 1.4 1.4 1.3 *	Smoking Status		
Physical Activity Status Regular 1.3 Irregular 1.4 Overweight Status Not Overweight 1.3 *	Non-Smokers	1.3	*
Regular 1.3 Irregular 1.4 Overweight Status Not Overweight 1.3 *	Smokers	1.7	
Irregular 1.4 Overweight Status Not Overweight 1.3 *	Physical Activity Status		
Overweight Status Not Overweight 1.3 *	Regular	1.3	
Not Overweight 1.3 *	Irregular	1.4	
	Overweight Status		
Overweight/Obese 1.5	Not Overweight	1.3	*
	Overweight/Obese	1.5	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (modified version of Tukey's Standardized Range Test at a procedure-wise error rate=.05).

ANOVA

* p<.05

** p<.01

*** p<.001

Table 34e: Prevalence of Fast Food Restaurants at School Among California Adolescents (N=912)

Does your school serve food from fast food restaurants link Burger King, McDonald's, or Taco Bell every day?

	Reported Having Fast Food Restaurants	
Total	Served at School, Percent of Adolescents 23.1	
Gender	23.1	
Males	20.1	*
Females	26.2	
Ethnicity	20.2	
White	23.0	***
African American	8.2	
Latino	22.6	
Asian/Other	32.6	
Gender by Age	02.0	
Males		
12-13	17.0	
14-15	18.0	
16-17	24.8	
Females		
12-13	17.2	***
14-15	20.5	
16-17	41.0	
Income		
<\$15,000	21.6	*
\$15,000 - \$24,999	17.7	
\$25,000 - \$34,999	15.7	
\$35,000 - \$49,999	17.1	
\$50,000 - \$74,999	32.9	
<u>></u> \$75,000	26.7	
Food Stamp Status, % FPL		
Participant, ≤130%	20.7	**
Likely Eligible, ≤130%	15.4	
Potentially Eligible, 131-185%	24.4	
Not Eligible, >185%	27.4	
Smoking Status		
Non-Smokers	22.7	
Smokers	30.9	
Physical Activity Status		
Regular	21.6	
Irregular	27.3	
Overweight Status		
Not Overweight	21.0	*
Overweight/Obese	28.1	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

^{*} p<.05 ** p<.01

^{***} p<.001